

# MELISSA HULL

## Grief Redefined Coach and Keynote Speaker



Melissa Hull is a mother, best-selling author, international speaker, media host, master coach, and CEO. With her compassionate voice and transformative insights, she inspires audiences worldwide to navigate grief, healing, and personal growth.

Melissa's journey began with unimaginable loss—the accidental drowning of her young son, Drew. This tragedy led her to confront the depths of grief and ultimately discover profound lessons about healing. Over two decades ago, Melissa chose to embrace healing as an intentional, ongoing process. She reimagined her son's loss as a source of wisdom and transformed his absence into a guiding presence that continues to uplift her.

Through her experiences, Melissa discovered that grief doesn't define us; the choices we make in its presence do. She encourages others to meet grief with courage, resilience, and love, showing that healing is possible and that love transcends physical existence.

**To connect with Melissa Hull, please visit:**

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# DEAR DREW

## Creating a Life Bigger Than Grief

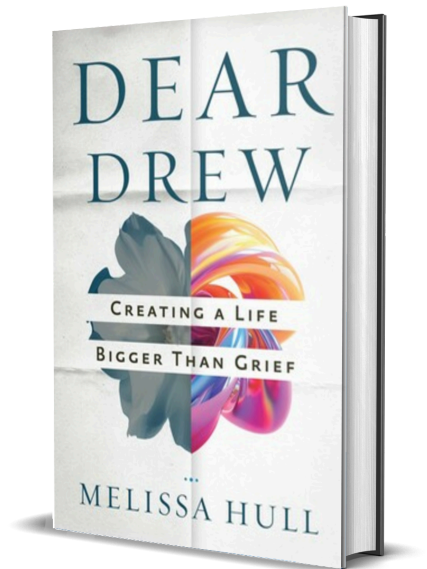
### **Grief doesn't have to be the end of your story.**

Healing is possible. This powerful promise lies at the heart of *Dear Drew: Creating a Life Bigger Than Grief*, Melissa Hull's transformative guide to healing from profound loss.

When Hull lost her four-year-old son in a drowning accident, she sank into guilt, unable to imagine a way to move forward. As she slowly rebuilt her life, she realized a critical truth: Healing is a choice that requires active participation.

In this powerful book, Hull shares the tools and practices that helped her navigate overwhelming pain, release shame and self-blame, and create a life of purpose. With deep compassion and fiercely personal storytelling, she shows readers it's possible to integrate grief and grow alongside it, and to build a meaningful future while still honoring the past.

Whatever your loss, no matter the depth of your sorrow, you are worthy and capable of healing. *Dear Drew* is an invitation to discover resilience, growth, and even joy—in a life where loss and love can coexist.



### *Dear Drew: Creating a Life Bigger than Grief*

Releasing August 19, 2025 from Health Communications, Inc.

Available for preorder from

[Simon & Schuster](#), [Amazon](#), [Barnes & Noble](#), [Bookshop.org](#),

and wherever fine books are sold.



## DISCUSSION TOPICS:

- Telling the hard truth saves lives: Awareness, education, and honest conversations can change the statistics
- Drowning is not like it looks in the movies: It's fast, silent, and preventable
- Integrating grief and growing alongside it instead of having it be your narrative
- How to coexist with loss and love: Creating a life of resilience and joy
- Redefining grief: Self development journey to healing



## PRAISE FOR DEAR DREW

*“Dear Drew: Creating a Life Bigger Than Grief is a profoundly transformative guide for anyone navigating the depths of loss. Melissa Hull’s journey from unimaginable pain to purposeful healing is inspiring and empowering. Her heartfelt narrative, combined with practical tools and compassionate insights, offers readers a roadmap to not just survive grief, but to thrive and find joy and purpose in life again. This book is a testament to the enduring power of love and our innate capacity for resilience and growth. Imbibe its beauty and wisdom.”*

—**Michael Bernard Beckwith**, founder and CEO, Agape International Spiritual Center; author of *Life Visioning and Spiritual Liberation*; host of *Take Back Your Mind* podcast

*“Melissa Hull’s Dear Drew is a profound and compassionate companion for anyone navigating the depths of grief. With unflinching honesty and a heart full of wisdom, Melissa offers not just hope but a roadmap for transformation. She reminds us that while grief can shape us, it does not have to define us. This book is an invitation to heal, to rediscover joy, and to create a life that honors both our loss and our limitless potential. A truly extraordinary guide to the resilience of the human spirit.”*

—**Elizabeth Hamilton-Guarino**, bestselling author of *The Change Guidebook* and founder of Best Ever You

*“As a medium, I understand how fleeting moments of connection with departed loved ones can bring profound comfort. But Dear Drew goes far beyond momentary solace. Melissa Hull has not only lived through the depths of grief but has discovered a path to lasting healing, transformation, and deeper connection with those we’ve lost. Her intuitive guidance empowers readers to honor the presence of their loved ones in their daily lives, find strength to heal, and rebuild with love and meaning as guiding forces. This book is a deeply transformative gift for anyone seeking not just comfort, but the courage and tools to grow and thrive after loss.”*

—**Laurie Campbell**, psychic medium

*“Grief is hard, but it is also sacred and transformative. Those who have walked its depths and emerged with wisdom become profound blessings to us all—teachers and guides illuminating the path forward. We often believe grief won’t touch us, but it will and likely already has. That is why I am grateful for Melissa Hull’s Dear Drew: Creating a Life Bigger Than Grief. Through her deeply moving and courageous exploration of*

*personal loss, Melissa offers us not an end but a gateway to profound transformation. With raw authenticity and deep wisdom, she reveals the hidden blessings within grief, guiding us toward a spiritual understanding that transcends pain and leads to growth. This book is both a testament to resilience and a compassionate companion for anyone navigating the depths of loss. It reminds us that even in our darkest moments, life continues to expand—and so can we.”*

**—Rev. Dr. David Alexander**, Spiritual Living Center of Atlanta

*“It’s been said that grief is love with nowhere to go. I applaud Melissa Hull for crafting a fantastic book on such an important topic—one that needs much more conversation. I lost my mother over a decade ago, and I can truly say that I wish I had this resource back then. In Dear Drew: Creating a Life Bigger Than Grief, Melissa walks you through the processes and stages of the grief in your life and then gives you a simple and clear roadmap to help you design an amazing life on your own terms. We all need help ‘moving forward’ after the loss of something or someone significant to us, yet we also understand that it’s a necessary and unavoidable part of life. Don’t just read this book for head knowledge, but read it for heart, hands, and foot knowledge, too. Allow the principles, strategies, stories, and lessons propel you mentally, emotionally, spiritually, professionally, financially, and interpersonally past what has hurt you so that you can live free, healed, and whole.”*

**—Dr. Delatorro McNeal II, MS, CSP, CPAE**, hall of fame keynote speaker, Wall Street Journal and USA Today bestselling author of *Shift into a Higher Gear: Better Your Best and Live Life to the Fullest*

*“Dear Drew: Creating a Life Bigger Than Grief is a beacon for those grappling with grief, and Melissa Hull has clearly poured her heart and soul into writing it. Each compelling chapter offers invaluable insights: sharing part of her story, teaching core concepts, and concluding with actionable advice. Anyone navigating the tumultuous waters of grief should read this profoundly moving book, as it will undoubtedly help on their healing journey.”*

**—Dr. Robbie Motter**, founder and CEO, Global Society for Female Entrepreneurs